

MANAGING HIGH CONFLICT DISPUTES

A 2-Day event Sponsored by the ADR Atlantic Institute

Presented in two locations by:
MICHAEL LOMAX, Lawyer/Mediator

June 2 - 3, 2014
Delta Fredericton
Fredericton, NB

June 5 - 6, 2014
Hampton Inn, Dartmouth Crossing
Halifax, NS

ABOUT THIS WORKSHOP

High conflict disputes are increasing in every setting: in legal disputes, in divorce, at the workplace, between neighbours, among family members, against employers and government agencies. They often involve one or more people with high-conflict behaviour, characterized by:

- All-or-nothing thinking
- Unmanaged emotions
- Extreme behavior
- Preoccupation with blaming others
- Prolonged, unresolved conflict
- Drawing in many other people
- Draining energy, time and resources

Yet these disputes can generally be managed by understanding high conflict behaviour and using skills to manage the dispute that are often different from ordinary conflict resolution methods.

This two day workshop will help professionals gain insight and confidence which will assist them in managing high conflict behaviour in any dispute setting such as negotiation, mediation or court.

This workshop will be highly educational, interactive and entertaining!

ABOUT THIS PRESENTER

Michael Lomax is a mediator, lawyer and conflict resolution trainer who has assisted many individuals and organizations in resolving conflict. Michael has conducted hundreds of mediations including family, workplace, multi-party and court related matters. Michael's mediation work makes up approximately 80% of his law practice. He has previous experience as the director of a federal government mediation centre, where he was responsible for promoting the department's workplace conflict resolution program and supervising a team of mediators. Michael is an experienced trainer having organized and delivered many workshops and courses for governments, corporations, military and law enforcement agencies, human resources and union organizations and dispute resolution practitioners. Michael is a member of MediateBC's Board of Directors, is a mentor with the MediateBC's Regional Mentoring Program and is an affiliate speaker with the High Conflict Institute in San Diego, CA. Michael is in private practice in Victoria, BC. Tel: 1-855-385-5523 Email: mjlomax@mediator.bc.ca
www.highconflictinstitute.com

WHO SHOULD ATTEND

This training is designed for professionals who deal with clients in dispute resolution settings, such as lawyers, mediators, collaborative practitioners, accountants, human resources professionals, union representatives, and other professionals who are involved in dispute resolution.

AGENDA (8:30 – 4:00 each day)

Day 1:

- Right and Left Brain conflict styles
- Personality patterns of HCPs
- Reducing client resistance to problem-solving
- Managing your own anxiety
- Managing the HCP's responsibility
- A Structure for High Conflict Disputes
- Connecting with high conflict people using Empathy, Attention and Respect (E.A.R.)
- How to respond to hostility and misinformation

Day 2:

- Setting Limits with High Conflict People
- Assertion skills
- Making and Responding to Proposals
- Educating about Consequences
- Helping the HCP analyze their Choices
- Negotiation/Mediation Practice Exercises

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"Michael was informative, thought-provoking, knowledgeable and...entertaining!" -- Seminar Participant

"I have found the conflict resolution training program developed by the High Conflict Institute, which Michael Lomax is associated with, invaluable. I learned and practiced skills that I could immediately take back and use with clients to help them move forward." -- Louise Owen, Mediator

Registration is \$499 for non-members and \$399 for members of ADR Atlantic Institute

Registration fee includes noon meal each day and snacks at two breaks

Register and pay online by going to www.adratlantic.ca or send a message to admin@adratlantic.ca