



"5-5-5 Coaching Skills" Workshop

Coaching has been identified by leading business experts as a necessary skill for strong and effective leadership. The 5/5/5 Coaching Skills Training Program™ is designed specifically for leaders to quickly and easily acquire those skills. It draws from the most advanced knowledge-base in the coaching field and is translated into a simple, intuitive and highly transferable framework for busy executives and managers.



During this workshop participants learn coaching techniques through our 5-5-5 coaching model. Participants discover powerful coaching skills that enhance and grow their own communication and leadership style. Participants truly understand the power of coaching when they practice their new skills on actual issues, challenges, or opportunities they are facing in their professional lives.

Why this Program?

Today's business environment has rapidly changing expectations, technologies and market demands. It's about gaining a competitive edge. Today's managers and leaders are charged with maximizing their own performance, and the performance of their team of employees. Coaches work with individuals and organizations to maximize their potential. They bring out the best in people by helping them improve performance, communications, relationships, and team-building. Coaching Skills are essential for leaders and managers who want to maximize that competitive edge.

About the Program:

Our interactive training will help you take a first step toward learning the art of coaching. You will be introduced to our "5/5/5" formula for successful coaching.

At the end of the day, participants will:

- Understand the 5 Guiding Principles for successful coaching.
- Understand and be able to use the 5 Step Coaching Exchange Process
- Understand and be able to use the 5 Core Coaching Skills
- Leave with a Coaching Program Binder that includes comprehensive information on the program.

Contact:

Paula Nicholson, Vision Coaching
paula@visioncoachinginc.com
506-847-4199

Saint John Workshop

Wednesday, Dec 5th, 2012
9:00 am - 4:30 pm (includes lunch & snacks)
Uptown Location TBD, **Saint John, NB**

Register Now Online!

www.visioncoachinginc.com