

April 23-24, 2015 Delta Brunswick Hotel - Saint John, NB

Pre-Conference Agenda - Wednesday, April 22, 2015 *Please Note: Pre-conference activities are optional for delegates.*

12:00 pm - 4:00 pmDelegate Early Registration12:00 pm - 6:00 pmExhibitor Set Up

Conference Agenda - Thursday, April 23, 2015

7:30 am – 11:00 am	Delegate Registration
7:30 am – 8:30 am	Breakfast
8:30 am – 9:00 am	Official Opening
9:00 am – 10:00 am	Keynote
	Safety Leadership 101
10:00 am – 10:15 am	Refreshment Break
	Visit Exhibitor Booths
10:15 am – 11:00 am	Session 1A
	Accommodating Allergies at Work:
	Who, How, and Why?
	Session1B
	Training for Young Workers
11:15 am – 12:00 pm	Session 2A
	Online Safety Learning: Why, When,
	and How?
	Session 2B
	Back to the Basic Driving Safety
12:00 pm – 1:30 pm	Banquet Luncheon
1:30 pm – 2:15 pm	Session 3
	Post-Traumatic Stress Disorder: What
	it is, What to Look For and How to
2.20 2.45	Help.
2:30 pm – 3:15 pm	Session 4A
	The Safety Side of Sleep
	Session 4B
	Elements of a Respiratory Protection
2.15 pm 4.15 mm	Program
3:15 pm – 4:15 pm	Exhibitor Reception (Prize Draws) Session 5
4:15 pm – 5:00 pm	
	Carpe Diem - Seize the Day

Conference Agenda – Friday, April 24, 2015

9:00 am – 9:45 am	Session 6 How to Communicate a Workplace Tragedy
9:45 am – 10:00 am	Refreshment Break
10:00 am – 10:45 am	Session 7
	Crisis Management
10:45 am – 11:45 am	Keynote WOW! Enjoy a Work-Life Balance!
11:45 am – 12:00 pm	Closing

CRSP MEMBER BONUS!

BCRSP has previously awarded CM points for this event. The conference contains 6.5 technical hours and may be eligible for BCRSP CM points. See BCRSP website at <u>www.bcrsp.ca</u> for CM point criteria. **Gold Sponsors**







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Thursday, April 23, 2015 9:00 am – 10:00 am



Glyn Jones, M.A.Sc., P.Eng, CIH, CRSP EHS Partnerships Ltd.

Glyn is a Partner in the firm EHS Partnerships Ltd. He is a consulting occupational health and safety professional and leadership coach with 30 years of experience. Glyn is a chemical engineer by training and is a Professional Engineer. He completed a Master's degree specializing in occupational health and safety.

His work experience includes extensive risk, compliance and COR auditing. His unique perspective brings value in auditing well beyond simply obtaining COR. He is also a Certified Industrial Hygienist and brings real expertise to this field having undertaken numerous large scale assessments for numerous contaminants including benzene, silica and many others. He is a regular conference speaker and is often called upon to speak at corporate functions. He has a passion for safety leadership and teaches and mentors safety professionals to help them to be better situational leaders. He teaches occupational health and safety at the University of Calgary, the University of Alberta and the University of New Brunswick. He holds numerous professional certifications and is a CIH and a CRSP. He is currently the CSSE Regional Vice-President (AB, NT and NU).

Safety Leadership 101

Management of safety in the workplace is a priority for the leadership of Canadian Companies. Even with this increased attention to safety, the fatality rate has not declined significantly. The need for leaders and real leadership in health and safety continues to grow. With respect to workplace health and safety it has been said that we are in a "leadership vacuum". How do we break out of it?

People mistakenly think that leadership is the distinct and exclusive domain of the hierarchical leaders, the people at the top of the organization. In reality we all have the potential and opportunity to be safety leaders. In fact if we are to ever really manage risk and stop the tragedy of workplace fatalities we all need to take our rightful place as safety leaders. In this session the idea of safety leadership distinct from corporate or hierarchical organizational leadership will be discussed.

The session focus is on safety leadership and is presented in the context of safety ownership. The idea that what is needed most is the capacity for situational with the ability to adapt your style to the circumstances will be explored. The safety leadership styles that have the greatest potential to solve this problem will be highlighted. A strategy for change will be offered so that all participants can take away an action plan for taking ownership for their own safety and providing safety leadership in their workplaces.

Friday, April 24, 2015 10:45 am – 11:45 am



Janice Butler, Motivational Speaker Creative Breeze Training Inc.

Founder and president of Creative Breeze Training, Janice Butler is an internationally renowned speaker, author and adventurer. Born and raised in Paquetville in the north eastern part of New Brunswick, she then lived in Fredericton, Los Angeles, and Perth, Australia. Janice now lives in Bear Island nearby Fredericton.

Her past experience as an international corporate seminar leader for a consulting firm, has given her the opportunity to work with thousands of people around the globe in organizations like Fujitsu, The Boeing Company, Air France, the Australian Government, the Kennedy Space Center, Sears Canada, and the New Brunswick and Quebec Government, just to name a few.

Everyone, no matter the culture, loves her **refreshing**, **entertaining**, and **uplifting** style.

WOW! Enjoy a Work-Life Balance!

Life starts to smile back at you when you discover how bringing more balance, play, and living out your personal dreams trigger an ENERGY that spreads into your professional and personal life.

Work-life balance is one of the most sought after elements that people are seeking when considering a career or a job. In all levels, employees are more concerned with a great work-life balance than pay. A study showed that people who are satisfied with their personal lives are 127% more productive.

Janice helps you remember the importance of celebrating your hobbies, past-times, and having plain fun! A series of eye-openers and a workshop is used to trigger laughter and the importance of making time to play!

Anyone who understands that employee "wellness" is "key to productivity" will embrace this clear and powerful message!

Conference Agenda

Thursday, April 23, 2015

10:15 am – 11:00 am Session 1A

Accommodating Allergies at Work: Who, How, and Why?

Dr. Barbara Roberts, Human Rights Officer, University of New Brunswick

Who needs scent-free, how do we implement scent reduction and why is it important? This session will explore the need for scent-free environments as a reactive accommodation strategy for individuals with allergies and chemical sensitivities. As well, scent-reduction initiatives as a pro-active strategy for a positive workplace environment will be discussed. Participants will learn how to have appropriate conversations about disclosure of allergies and accommodation strategies, and how to promote a scent-free environment for everyone. Time for questions and discussion will be included.

10:15 am – 11:00 am Session 1B

Training for Young Workers

Perley Brewer, Instructor Safety Services New Brunswick

Why Focus on Training Your Young Workers?

1. Young workers face a higher risk of injury. Young workers are highly vulnerable to workplace injury. Young males, in particular, face a 48 percent higher risk of injury than the overall working population. Everyone deserves a safe workplace, but those at higher levels of risk need a higher degree of focus. 2. There is a heightened sense of tragedy when a young worker is seriously injured or killed at work. Rightly or wrongly, it just seems more tragic when a young person is robbed of a healthy future. 3. By focusing your efforts, you create the opportunity for long-term social change in your workplace. It's called safety culture, and we know by the success of anti-smoking and anti-drinking-and-driving campaigns that by focusing and reinforcing a message it is possible to achieve behavioral change in your workplace.

In this workshop you will learn about the challenges of training young workers, as well as, 3-easy steps you can use to train them to work safely on the job.



11:15 am – 12:00 pm Session 2A

Online Safety Learning: Why, When, and How? Ellen Rose, Professor of Education, University of New Brunswick

Online instruction has become an increasingly popular option for safety learning, but we can't assume that it is always the most appropriate choice. This session draws on research to provide guidance for making informed decisions about whether online approaches are appropriate, based on a consideration of the pros and cons of both face-to-face and online learning, the factors that impact on the effectiveness of online learning, and the range of online approaches and strategies available, from flipped classrooms to asynchronous discussion-based instruction.

11:15 am – 12:00 pm Session 2B

Back to the Basics Driving Safety

Robert Theriault, Instructor Safety Services New Brunswick

Whether it is at home, at work or driving down the highway, one of the primary causes of any accident is complacency AND the fact that we take our own personal safety for granted. We rely on experience to keep us safe and out of mishaps. Is this enough? How have new vehicle technologies and highway designs affected highway safety and should we rely on them. In this presentation, we will review and discuss some basic driving fundamentals - that if applied routinely – can keep us from becoming a statistic. Familiarity with new vehicle technologies, new roadway design techniques, GOOD visual skills and practising defensive driving techniques can provide the knowledge necessary to insure our continued driving enjoyment.

1:30 pm – 2:15 pm Session 3

Post-Traumatic Stress Disorder: What it is, What to Look For and How to Help.

Dr. Joan Wright, Senior Psychologist Joan Wright & Associates and the Mind Shift Clinic

This session will teach participants a number of key issues regarding Post-Traumatic Stress Disorder.

- defining post-traumatic stress disorder
- understanding that it can be an accumulation of stress
- who develops PTSD symptoms and who does not
- how to identify when it is "just an emotional sniffle" vs "pneumonia" signs
- what to look for in yourself and others
- what to do if you see the signs



2:30 pm – 3:15 pm Session 4A

The Safety Side of Sleep

Shelley Parker, Industrial Psychologist, *NB Power* Duff Boyd, Director of Health & Safety, *NB Power*

"To sleep, perchance to dream ..." or as Shakespeare did not say, to sleep, perchance to stay safe! This presentation will resonate with anyone who has ever had too few zzzz's, worked shift work, or just had far too many long days and short nights. You will leave knowing what sleep is, what happens when we don't get enough, its impact on our bodies over time, and why an hours of work policy is your best friend. The presentation will conclude with a description of the Blue Light Study, an initiative looking at shift workers and their quality of sleep through the control of blue light.

2:30 pm – 3:15 pm Session 4B

Elements of a Respiratory Protection Program

Dan Curts, Senior Protections Specialist *3M Canada*

There are many elements to a respiratory protection program and they all need to be in place for the program to be effective. This course will give an overview of the RPP elements, align them with CSA Z94.4 Selection, Use and Care of Respirators and give you an appreciation for the many different types of respirators that are available to protect your workers.

4:15 pm – 5:00 pm Session 5

Carpe Diem - Seize the Day

Sally J. Wells, Workplace Consultant *Sally J. Wells Inc.*

Carpe Diem is a celebration of all that is good! It focuses on the positive competencies, the positive abilities and the individual and collective strengths of your team. It is an opportunity to reflect and discover how we can choose to wake up every day and acknowledge our gifts and contribution to our workplace and our communities.

Conference Agenda Friday, April 24, 2015

9:00 am – 9:45 am Session 6

How to Communicate a Workplace Tragedy

Kevin Bonnis, Regional Development Coordinator Threads of Life

We do all we can to prevent it, but if a tragedy does occur in the workplace, the employer's response can make a huge difference in the grief and psychological trauma experienced by the victim's family and co-workers. Good crisis communications helps a company and those left behind by reducing the psychological problems and absenteeism that go with extreme emotional stress. Just as responsible companies build an emergency plan, they should prepare for how they will communicate with and support family members and coworkers following a workplace fatality or serious injury. A critical incident or fatality is not just about one family but the families of all the coworkers too. They're watching how the company is responding to the family of the worker because it could have been them. Threads of Life supports families affected by workplace tragedy, and this presentation will look at real-life positive and negative cases to glean lessons for companies and safety professionals.

10:00 am – 10:45 am Session 7

Crisis Management

Panel Discussion

How prepared are you, your business and your community to handle a crisis situation? Are you ready to handle the next unexpected crisis? There have been an increasing number of natural disasters occurring in our area including flooding, hurricanes, and other crises involving locking down facilities. The panel will discuss how best to be prepared in the event of a crisis incident and what steps you should take to ensure you are ready for the next one that comes along.

Your Delegate Registration Includes:

Access to all sessions held during the conference Meals (breakfast, breaks, and lunch) Copy of presentations or executive summary available to delegates following the conference Pass to view exhibitor displays Ample opportunity to network with your peers Chance to win some great door prizes

About the Conference?

Each year Safety Services New Brunswick hosts a Health and Safety Conference attracting delegates from throughout New Brunswick, Atlantic Canada and beyond. This is the longest running Health and Safety Conference in Atlantic Canada.

The conference is diverse in nature with sessions and speakers focusing on a wide variety of health and safety topics.

Who Should Attend...

Safety Managers Human Resources Professionals Small Business Owners Safety Committee Members Law Enforcement Managers Responsible for Safety Health Professionals Insurance Professionals Therapists Anyone looking to improve their safety knowledge



We wish to acknowledge the support of our Board of Directors and Planning Committee who assisted throughout the year in the planning of our conference.

2014/2015 Safety Services New Brunswick Board of Directors

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Bill Walker, President & CEO Jim Arsenault, Director of OHS & Traffic Safety Cindy Carr, Director of Administration & Motorcycle Safety Gail Steeves, Manager of Finance and Contracts Robyn Smith, Administrative Coordinator Erin Hunter, Safety Start Coordinator

Are You a Member?

Safety Services New Brunswick fills an important niche in the New Brunswick safety marketplace. We are committed to achieving even greater impact from our programs through partnerships with special interest groups and industry. Join us today and we will help build and maintain a leading edge safety program for you, your organization and your family. Membership categories include:

ASSOCIATE (\$110 Annually) This membership is for non-profit organizations, government departments, municipalities, and educational facilities.

SMALL BUSINESS (\$225 Annually) This membership covers companies with fewer than 20 employees.

SUSTAINING (\$350 Annually) This membership covers companies with 20 or more employees.

PARTNER IN SAFETY (\$1,000 Annually) Partners in Safety are recognized as a major sponsor in most publications.

For a complete list of benefits and a membership application, contact our office.

Exhibitor Opportunities Still Available!

Safety Services New Brunswick has been hosting its annual Health and Safety Conference for 45 years. This is the longest running safety conference in Atlantic Canada. Our delegates include decision makers and key safety contacts for major corporations, large and small businesses, as well as government agencies throughout New Brunswick. We are pleased to offer exhibitors who participate in our conference maximum exposure to our delegates. We encourage our delegates throughout the conference to visit our exhibitor area. Contact Safety Services New Brunswick for a complete exhibitor package. Or visit our website at <u>www.ssnb.ca</u>.

Door Prizes Needed!

Throughout the conference during sessions and breaks, door prizes are drawn so that delegates and exhibitors present have a chance to win a prize. This is a popular and fun element to our conference.

If your company has a small promotional item (or items) that you are able to contribute, we would be pleased to add your item to our prize list. Companies donating prizes are given recognition at the conference.

Simply contact Gail Steeves at Safety Services New Brunswick gail@ssnb.ca or (506) 444-0174 and she will arrange for pickup of your prize. Or drop the prize in the mail (include a note stating that it is a conference prize donation, and include your company name for recognition purposes). We very much appreciate your support.

Mail prizes to: Safety Services New Brunswick 440 Wilsey Road, Suite 204, Fredericton, NB, E3B 7G5



Safety Services New Brunswick

Your Go-To Safety Service Provider

Safety Services New Brunswick (formerly NB Safety Council Inc.) is the province's leading not-for-profit safety service provider, offering comprehensive training and consulting in occupational, road and community safety. Since 1967, Safety Services New Brunswick has pioneered safety education and training programs that have improved quality of life for New Brunswickers. In-class instruction and hands-on training combine theory and practical, providing opportunities for people to apply their knowledge under the guidance of our certified health and safety professionals.

Safety Services New Brunswick is your GO-TO source for customized safety consulting, auditing and training services. A culture of safety and health is promoted by delivering coordinated, comprehensive services throughout New Brunswick. We offer occupational and traffic safety training to organizations of any size, in any industry throughout the province to improve productivity, reduce costs and increase your bottom line. Some of our training programs include:

Occupational Programs

Arboricultural Electrical Safety **Bucket Evacuations** Canada Labour Code Part II Chain Saw Safety **Confined Space Awareness** Confined Space Entrant/Attendant Crane Safety and Basic Rigging Due Diligence Forklift (Coaching the Lift Truck Operator) Forklift Refresher Incident Investigation Job Hazard Analysis Joint Health & Safety Committee Pole Top Rescue Safe Chipper Operation Scaffold Safety Traffic Control/Signallers Course Transportation of Dangerous Goods (TDG) Work Area Protection Workplace Hazardous Materials Information Systems (WHMIS) Workplace Inspection

Driver Improvement Programs

All-Terrain Vehicle Operation (ATV) Defensive Driving Courses (DDC) FLI – Coaching Series Motorcycle Training Course Pilot Driver Certification Professional Driver Improvement Course (PDIC) Winter Defensive Driving Course Winter Driving Program – SAFE

Professional Programs

Safety, Health, Environment and Quality Management (SHEQ) Supervisor Development Program (SDP) Practical Loss Control Leadership (PLCL)

Youth Safety

Safety Start Prevent Alcohol and Risk Related Trauma in Youth (PARTY) Babysitter

Please contact our office for details on any of our programs:

Safety Services New Brunswick

440 Wilsey Road, Suite 204 Fredericton, NB E3B 7G5 Phone: (506) 458-8034 Toll Free: (877) 762-7233 Email: <u>info@safetyservicesnb.ca</u> Website: www.ssnb.ca



DELEGATE REGISTRATION FORM

Make Time for Safety!

Register online at: <u>www.ssnb.ca</u>

Name:	Title:
Company:	Safety Services New Brunswick Member \Box Non-Member \Box
Address:	City/Province:
Postal Code: Tel: ()	
Email:	Registrations will be confirmed via email.

Symposium Delegates: Please indicate which unchecked sessions (A or B) you plan to attend:

Keynote – Safety Leadership 101	Session 4A – The Safety Side of Sleep
Session 1A – Accommodating Allergies at Work	□ Session 4B – Elements of a Respiratory Protection Program
Session 1B – Training for Young Workers	Session 5 – Carpe Diem - Seize the Day
Session 2A – Online Safety Learning	☑ Session 6 – How to Communicate a Workplace Tragedy
Session 2B – Back to the Basics Driving Safety	Session 7 – Crisis Management
Session 3 – Post-Traumatic Stress Disorder	☑ WOW! Enjoy a Work-Life Balance!

Payment Method

□ Cheque Enclosed

□ Invoice Me (Payment due before April 17, 2015)

Charge my Credit Card (please check one):

Visa
MasterCard
American Express

Card # _____ Exp _____

Name on Card:

*No Registrations or Cancellations after April 17, 2015

Make Cheque Payable to:

Safety Services New Brunswick 440 Wilsey Road, Suite 204 Fredericton, NB E3B 7G5

To Register:

Toll Free: 1-877-762-7233 (7NBSAFE) Fax: (506) 444-0177 Email: info@safetyservicesnb.ca www.ssnb.ca



- ☑ WOW! Enjoy a Work-Life Balance!

Price to Attend Symposium on Safety

Safety Services NB Member*	\$325
Non-Member	\$425

*If unsure contact Safety Services to determine if you are a member.

As a registered charity we do not charge HST on our conference registrations. Above price is the full amount due upon registration.

Register Online

You can register using a credit card online at:

www.ssnb.ca

For Hotel Reservations:

Contact the Delta Brunswick Hotel

at 1-800-335-8233

Quote Reference: Safety Services New Brunswick*

Single Occupancy Room Rate: \$119.00/night plus tax

*There are a limited number of rooms blocked at this discount conference rate, register early to avoid disappointment. Room block will be released on March 22, 2015, and discount rate may not be available after that date.