

# Ride The Wave of Coaching: ICF Atlantic Summit 2015



Join us for the 3rd annual ICF Atlantic Summit  
on May 20-21 2015 in beautiful Shediac, New Brunswick.

- The theme for Summit 2015 is *Ride the Wave of Coaching* and is geared to professional coaches, those interested in becoming coaches, and HR professionals who use coaching skills and practices in their work.
- The Summit 2015 will be held at the [Shediac Multi-Purpose Centre](#). The centre opened in 2011 and is a high-quality, modern community facility that hosts cultural events, conferences, meetings and banquets.
- The 2015 Summit is thrilled to have four international speakers and workshop presenters already confirmed for this day-and-a-half coaching conference.

The learning opportunities, workshops and inspiring keynotes will invite you to be the wave, feel the wave and catch the wave of coaching.

Our host hotel is the [Hotel Shediac](#). Nestled in the heart of downtown Shediac, Lobster Capital of the World, the newly-constructed Hôtel Shediac is a full-service, 5-star 60 room hotel with full amenities.

Summit 2015 builds on the community we've been building over the last two years with our annual gatherings. *Let's continue to ride this wave of coaching, ignite a movement, build a vibrant community and share with the world the value coaching brings.*

## MEET OUR SUMMIT SPEAKERS

### Dr. Michael Arloski, Ph.D., PCC, CWP



Dr. Arloski is CEO of [Real Balance Global Wellness Services, Inc.](#), and dean of The Wellness Coach Training Institute. His perspective on wellness coaching comes from his pioneering work training thousands of wellness and health coaches worldwide, authoring the field's foundational book *Wellness Coaching For Lasting Lifestyle Change* and serving as an Executive Committee member of The National Consortium for Credentialing Health & Wellness Coaches. A member of the Board of Directors of The National Wellness Institute he has also served as President of The Ohio Society For Behavioral Health.

He received advanced training through The Coaches Training Institute and is a member of the International Coaching Federation, and The National Wellness Association. Licensed psychologist, keynote speaker, consultant, and author, Michael's mission is to build allies for a healthy world across the globe. Michael and his wife, Deborah, work, live and play together in Fort Collins, Colorado.

We'll have two opportunities to hear and learn from Dr. Michael. On Wednesday afternoon he'll lead a coaching workshop and demonstration and then on Thursday he'll wrap up our full day with a keynote on the personal wellness foundation of the coach.

### Getting Results with Ease – Jonathan E. 'Jeb' Bates



We are excited to have Jeb Bates joining us for Summit 2015. Our President Lynn Richard was thoroughly engaged by his interactive workshop she attended during the ICF Global conference earlier this year.

*In this powerful, 90-minute, interactive work session, you will use the unique Results Roadmap technique to gain deep insights and build a focused action strategy for achieving a specific, real-life goal. Through self-coaching and peer coaching you will create success for yourself while learning an active technique you can use to help your clients create unparalleled results.*

Jeb Bates, PCC, is an executive coach and leadership development consultant based in Cambridge, MA. He is the Chief Experience Officer of [The PaperRoom Institute](#), a firm focused on bringing the unique, transformative PaperRoom System coaching experience to clients and coaches. With over 10 years experience as a coach and a Master's in Organization Development from Pepperdine University, Jeb focuses on helping others to learn, grow, and expand their horizons professionally and personally. Driven by a dedication to his clients' success, Jeb feels there is no greater joy than seeing clients make the impact they dream of.

## Olympic Medalist and Professional Coach Tanya Dubnicoff



Tanya Dubnicoff is one of Canada's Olympic medal-winning female coaches. With her athletic cycling experiences culminating over 25 years to include World Champion, world record holder and a three time Olympian in sprint cycling. Tanya's passion for cycling transferred into coaching after her retirement from the sport in 2000. Tanya spent the next 13 years building cycling programs in Canada and the United States.

Post-Olympics, Tanya has shifted gears from assisting athletes in competitive sport to sharing her gifts for building relationships and achieving success through facilitating, public speaking, and executive coaching. She is a certified Professional Coach with the International Coach Federation and a licensed trainer of the 5/5/5 Coaching Out Of the Box Leadership Program. She has coached leaders of the Manitoba Immigrant Centre, as well as Olympic winning athletes, and many business managers, educators and decision makers nationwide.

Tanya's keynote address will kick off our Thursday agenda. Tanya's message aims to build confidence as she identifies how a coach, a corporation, or anyone in a leadership role can Lead with Purpose. Tanya shares her personal experiences of Leading with Purpose and how this philosophy has navigated her choices in life and has allowed her to achieve all of her many successes.

## Income 180 – Turnaround your income in 90 days



Nancy Roberts and Chris Kenney are the co-creators of Income180™, a unique system that helps coaches *turnaround* their income in just 90 days. In 2002, Nancy started her own coaching business but struggled for five long years before finally passing the 6-figure mark.

When Chris & Nancy started Income180 four years ago, they completely revamped their networking, speaking and sales strategies and have taken their business from \$60,000 in its first year to over \$500,000 in its fourth year.

Now they spend their time helping other coaches grow their businesses so each coach can continue to do what they went into coaching for – to impact lives!

During this interactive workshop Nancy and Chris will help to accelerate your goal achievement and teach proven strategies to help you create breakthrough results in everything you do. Not only will you be inspired and motivated to achieve greater success, you'll become aware of what's currently stopping you, shift your perspective and take 100% responsibility for changing your results.