



**Safety  
Services**  
NEW  
BRUNSWICK  
**CAPSC**



**Services de  
Sécurité**  
NOUVEAU-  
BRUNSWICK  
**ACCSP**

**43rd Annual**

# Health & Safety Conference

Longest running Health & Safety Conference in Atlantic Canada



**Safety: It's more diverse than you think!**  
**April 25-26, 2013 - Delta Fredericton Hotel**

## Pre-Conference Agenda - Wednesday, April 24, 2013

Please Note: Pre-conference activities are optional for delegates.

12:00 pm – 4:00 pm	Delegate Early Registration
12:00 pm – 6:00 pm	Exhibitor Set Up

## Conference Agenda - Thursday, April 25, 2013

7:30 am – 11:00 am	Delegate Registration
7:30 am – 8:30 am	Continental Breakfast
8:30 am – 8:45 am	<b>Official Opening</b>
8:45 am – 9:45 am	<b>Keynote</b> Find Trouble Before Trouble Finds You
9:45 am – 10:00 am	<b>Refreshment Break</b> Visit Exhibitor Booths
10:00 am – 10:45 am	<b>Session 1A</b> Burn Injury: The Emotional Journey <b>Session 1B</b> How is My Driving?
11:00 am – 11:45 am	<b>Session 2A</b> JHSC Committees Beyond the Basics <b>Session 2B</b> Cyber Security <b>Session 2C</b> Sharing the Road with Motorcycles
11:45 am – 12:15 pm	Visit Exhibitor Booths
12:15 pm – 1:30 pm	Luncheon
1:30 pm – 1:45 pm	Break
1:45 pm – 2:30 pm	<b>Session 3A</b> Incident Investigation <b>Session 3B</b> Arc Flash Protection <b>Session 3C</b> Nutrition and Wellness
2:30 pm – 3:15 pm	Exhibitor Reception (Prize Draws)
3:30 pm – 4:15 pm	<b>Session 4</b> Workplace Bullying
4:15 pm – 5:00 pm	<b>Session 5</b> Mind Matters

## Conference Agenda – Friday, April 26, 2013

9:00 am – 9:45 am	<b>Session 6</b> Mindfulness
9:45 am – 10:00 am	Refreshment Break
10:00 am – 10:45 am	<b>Session 7</b> Looking for Due Diligence After the Fact
10:45 am – 11:45 am	<b>Keynote</b> We Don't Need a Better Hard Hat
11:45 am – 12:00 pm	<b>Closing</b>

We are pleased to offer our brochure in a bilingual format this year. We are working towards being able to offer a completely bilingual conference in the future. At this time as a not-for-profit registered charity we are unable to afford the costs associated with hosting a completely bilingual conference. For this reason we are currently only able to offer conference sessions in English. We will have some bilingual staff and volunteers available to assist our Francophone delegates if needed. Thank you for your understanding in this matter, we will continue to work towards hosting a completely bilingual conference in the future.

## Gold Sponsors



SAINT JOHN

## Silver Sponsors



## Bronze Sponsors



## CRSP MEMBER BONUS!

BCRSP has awarded this course a .5 CMPs  
The CMP approval number 13234



## Keynote Presenters

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**Thursday, April 25, 2013**

8:45 am – 9:45 am



### **Captain Pierre Murray, Senior Marine Investigator Transportation Safety Board of Canada**

Captain Pierre Murray has been a Senior Marine Investigator at the Transportation Safety Board of Canada since 1993. He has since participated in over one hundred investigations involving various types of ships and vessels.

Prior to joining the TSB, Captain Murray was assistant manager operation for a major Canadian shipping company.

He has 13 years sailing experience on several types of foreign going ships and coastal trading vessels.

Captain Murray is a graduate of the "Institut Maritime du Québec". He has a Master Mariner Certificate and a Certificate in Business Administration from Laval University. He also holds a Masters degree in Public Administration from the Quebec University.

### **Safety Management Systems: Find Trouble Before Trouble Finds You**

SMS (Safety Management Systems): what they are, how they work, and why they're beneficial. How they came about the reasons industries and regulators have moved from a traditional, prescriptive approach with respect to safety that is, an approach based on compliance with regulations—and gone instead toward a more systemic approach to managing safety risks.

**Friday, April 26, 2013**

10:45 am – 11:45 am



### **Duff Boyd**

Duff Boyd is the Director of Health & Safety at NB Power, having joined the group in 1994.

His position carries the responsibility of establishing the strategic direction for all aspects of health and safety for a diverse workforce of some 2500 employees.

NB Power is a Crown Corporation that has excelled in the provision of electrical service to the citizens of New Brunswick and beyond, and a cornerstone of its accomplishments has been the recognition of being the safest utility in Canada.

Duff's early career involved working alone for long stretches of time in the forests of New Brunswick in order to support his true passion of skydiving. In this latter capacity he served as President of the Canadian Sport Parachuting Association for 6 years, and as Team Leader and Head of Delegation for two World Championships, at which Canada won Gold Medals. This is a sport in which safety truly counts!

Duff has served on the Canadian Electricity Association's Occupational Health and Safety Group, as well as their Standards Committee for 15 years. He holds the designation of Certified Utility Safety Administrator through the National Safety Council in the U.S. and was commissioned as a Canadian Registered Safety Professional in 1998.

### **We Don't Need a Better Hard Hat**

*We Don't Need A Better Hard Hat* is not only the title of his talk, but represents the next evolution of safety at NB Power. It distinguishes between the requirement for the *things* that enable safety and the psychological aspects so critical in the movement away from a compliance based culture to one of commitment. This strategy has been developed in recognition of the plateauing of safety performance at many organizations, including NB Power, and offers an alternative to a redesign of existing safety management systems.

## Conference Agenda

Thursday, April 25, 2013

### 10:00 am – 10:45 am Session 1A

#### **Burn Injury: The Emotional Journey** Michael Gaultois

The worst burn is the one that could have been prevented. This program will focus on a variety of home/work safety issues as they relate to fire and burn prevention. It will also explore the impact that burn injury has not only on survivors, but also on families and communities.

New programs and advancements in burn care will also be discussed.

### 10:00 am – 10:45 am Session 1B

#### **How is My Driving?** Robert Theriault, Safety Services New Brunswick Instructor

During our teenager years, we constantly dream of obtaining a driver's license. We achieve that goal and for the next 20 – 30 years, we go about our driving career. Occasionally we may get a traffic ticket and God forbid, we may get involved in a traffic mishap. Should we consider taking a Driver Improvement Course (DIC)? How is my driving? Have you ever taken a Driver Evaluation Session (DES)? This session will briefly outline what DIC options are out there, what it contains, what a DES consist of and more importantly, how does this benefit you and your organization. Whether you are 20 or 50 years of age, we can all benefit from ongoing training.

### 11:00 am – 11:45 am Session 2A

#### **Joint Health & Safety Committees "Beyond the Basics"** Martin Boucher, NB Power

Once you have established a Joint Health & Safety Committee in your workplace, how do you keep it interesting and effective? This interactive workshop will provide you with an opportunity to learn best practices for an effective Joint Health & Safety Committee, from your peers. Be prepared to discuss your successes and challenges and create a strategy for the next year that will bring your Joint Health & Safety Committee effectiveness to a new level.

### 11:00 am – 11:45 am Session 2B

#### **Cyber Security** Payman Hakimian, RCMP

This presentation will explain technological crime, some computer forensics and cyber security threats and risks for asset owners and operators. Your understanding of law enforcement process and cooperation could assist the RCMP with investigations and ultimately lead to a successful conviction of the guilty.

### 11:00 am – 11:45 am Session 2C

#### **Sharing the Road with Motorcycles** Sgt. Jeff LaFrance, Saint John City Police

Sgt. LaFrance is an instructor for Safety Services New Brunswick with the motorcycle safety program. He also instructs the Saint John City Police motorcycle course.

Sgt. LaFrance will be discussing traffic safety in regards to motorists sharing the road with motorcyclists. He will cover the topics of general traffic safety for motorcyclists and also the importance of the safety course which is given by Safety Services New Brunswick. The course is a Canada Safety Council program which is nationally recognized. Sgt. LaFrance will cover in general what our clients learn while taking the motorcycle safety course.

### 1:45 pm – 2:30 pm Session 3A

#### **Incident Investigation** Jim Arsenault, Safety Services New Brunswick

Key points that will be covered in this awareness session will include the benefits of effective investigations and the difference between a "fact-finding" and a "fault-finding" investigation. We will also review why we investigate incidents and when and what to investigate. In addition, we will learn how to use incident investigation to prevent similar incidents in the future.

We will also learn how to prepare for incident investigations, conduct effective incident investigations, and make appropriate and effective recommendations to prevent similar incidents. As well, we will learn how to complete an incident investigation report and follow up to ensure recommended controls are effective.

Next step – ok, that's all well and good but what do we do now?

### 1:45 pm – 2:30 pm Session 3B

#### **Arc Flash** Rob McKenzie, NB Power

Arc Flash is becoming an increasingly popular topic in this day and age. This presentation will explain the hazards of Arc Flash in accordance with Associated National Standards. Come learn about the methods used to calculate incident energy and about the various forms of protection, including PPE, with a brief overview of NB Power's Arc Flash program.



**1:45 pm – 2:30 pm**  
**Session 3C**

**Nutrition and Wellness**  
Neil Burchill, Simply for Life

This session will provide an overview of the most common questions in today's society of how to improve one's health. Topics discussed will include fats, sugars, wine, and exercise, and how to include these into your everyday life to achieve a balanced healthy lifestyle.

**3:30 pm – 4:15 pm**  
**Session 4**

**Workplace Bullying: What is it? How do I Know if it's Really Happening? What do I do About it?**  
Dr. Marvin Claybourn, St. Thomas University

The same questions tend to be raised by administrators, complainants, and those accused of workplace bullying, regardless of the specific circumstances. These questions tend to be "what is bullying", "how do I know if it's really happening" and "what do I do about it."

Using findings from research on workplace bullying, experiences as complaint officer at STU (and consultations with other employers) and experiences gained from working with individuals affected, directly or indirectly, by workplace bullying, Dr. Claybourn shall offer evidence-based suggestions for how to answer these questions.

**4:15 pm – 5:00 pm**  
**Session 5**

**Mind Matters**  
Shelley Delano Parker, NB Power

For many, safety is all about wearing the right stuff or following the right procedures. When we get distracted or are not able to choose the right procedure, it becomes more than just wearing the right personal protection. This presentation will discuss distractions, ability to focus, self-correcting measures and 'mind' health in relation to safety. Mind health programs, to try on your own, will conclude the presentation.

**Conference Agenda**  
**Friday, April 26, 2013**

**9:00 am – 9:45 am**  
**Session 6**

**Mindfulness: What it is and How it Can Promote Health and Safety in the Workplace**  
Dr. William Cook, The Iris Center

Attention is our most valuable inner resource and is fundamental to all functions of daily living. Yet our attention tends to be weak and underdeveloped. Mindfulness is a form of attention training as well as a way of being. It has profound implications for how we are with ourselves, with others, at home and in the workplace and for our health and safety. This

presentation will help you understand why intentionally practicing mindfulness can be so helpful.

**10:00 am – 10:45 am**  
**Session 7**

**Looking for Due Diligence After the Fact**  
Grant Aune, Advantage Fleet Services

This session will speak to individual due diligence and supervisory responsibility through vicarious liability and their connection to Bill C-45. It will address the question, "What is due diligence and how does it affect me as a worker, supervisor, or manager?"

Specific case studies will be reviewed with information that will assist participants to be proactive within their individual organizations to ensure that they have met the "Standard of Care" specific to an event/incident. Regulatory aspects of WorksafeNB OH&S regulations, Canada Labour Code and National Safety Code will also be reviewed.

**Your Delegate Registration Includes:**

Access to all sessions held during the conference  
Meals (breakfast, breaks, and lunch)  
Copy of presentations or executive summary available to delegates following the conference  
Pass to view exhibitor displays  
Ample opportunity to network with your peers  
Chance to win some great door prizes

**About the Conference?**

Each year Safety Services New Brunswick hosts a Health and Safety Conference attracting delegates from throughout New Brunswick, Atlantic Canada and beyond. This is the longest running Health and Safety Conference in Atlantic Canada.

The conference is diverse in nature with sessions and speakers focusing on a wide variety of health and safety topics.

**Who Should Attend...**

Safety Managers  
Human Resources Professionals  
Small Business Owners  
Safety Committee Members  
Law Enforcement  
Managers Responsible for Safety  
Health Professionals  
Insurance Professionals  
Therapists  
Anyone looking to improve their safety knowledge



# DELEGATE REGISTRATION FORM

**Safety: It's more diverse than you think!**

**\* Register online at: [www.ssnb.ca](http://www.ssnb.ca)**

Name: _____	Title: _____
Company: _____	Safety Services New Brunswick Member <input type="checkbox"/> Non-Member <input type="checkbox"/>
Address: _____	City/Province: _____
Postal Code: _____ Tel: (    ) _____	Fax: (    ) _____
Email: _____	Registrations will be confirmed via email.

**Symposium Delegates: Please indicate which unchecked sessions (A or B or C) you plan to attend:**

- |                                                                                     |                                                                                          |
|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Keynote – Find Trouble before Trouble Finds You | <input type="checkbox"/> Session 3B – Arc Flash                                          |
| <input type="checkbox"/> Session 1A – Burn Injury: The Emotional Journey            | <input type="checkbox"/> Session 3C – Nutrition and Wellness                             |
| <input type="checkbox"/> Session 1B – How is My Driving?                            | <input checked="" type="checkbox"/> Session 4 – Bullying in the Workplace                |
| <input type="checkbox"/> Session 2A – JHSC "Beyond the Basics"                      | <input checked="" type="checkbox"/> Session 5 – Mind Matters                             |
| <input type="checkbox"/> Session 2B – Cyber Security                                | <input checked="" type="checkbox"/> Session 6 – Mindfulness                              |
| <input type="checkbox"/> Session 2C – Sharing the Road with Motorcycles             | <input checked="" type="checkbox"/> Session 7 – Looking for Due Diligence After the Fact |
| <input type="checkbox"/> Session 3A – Incident Investigation                        | <input checked="" type="checkbox"/> Keynote – We Don't Need a Better Hard Hat            |

**Payment Method**

- Cheque Enclosed
- Invoice Me (Payment due before April 19, 2013)
- Charge my Credit Card (please check one):
- Visa  MasterCard  American Express
- Card # \_\_\_\_\_ Exp \_\_\_\_\_
- Name on Card: \_\_\_\_\_

*\*No Registrations or Cancellations after **April 22, 2013***

**Make Cheque Payable to:**

Safety Services New Brunswick  
440 Wilsey Road, Suite 204  
Fredericton, NB E3B 7G5

**To Register:**

Toll Free: 1-877-762-7233 (7NBSAFE)  
Fax: (506) 444-0177  
Email: [info@safetyservicesnb.ca](mailto:info@safetyservicesnb.ca)  
[www.ssnb.ca](http://www.ssnb.ca)

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**Price to Attend Symposium on Safety**

- |                                                     |       |
|-----------------------------------------------------|-------|
| <input type="checkbox"/> Safety Services NB Member* | \$275 |
| <input type="checkbox"/> Non-Member                 | \$375 |

\*If unsure contact Safety Services to determine if you are a member.

As a registered charity we do not charge HST on our conference registrations. Above price is the full amount due upon registration.

**Register Online**

You can register using a credit card online at:  
[www.ssnb.ca](http://www.ssnb.ca)

**For Hotel Reservations:**

Contact the **Delta Fredericton Hotel**  
at 1-888-462-8800

Quote Reference: Safety Services New Brunswick\*

Single Occupancy Room Rate: \$144.00/night plus tax

\*There are a limited number of rooms blocked at this discount conference rate, register early to avoid disappointment. Room block will be released on March 25, 2013, and discount rate may not be available after that date.

Please let us know how you heard about our conference?  Mailing  Email  Advertisement  Employer  Other